

Somali  
Barn/Carruur

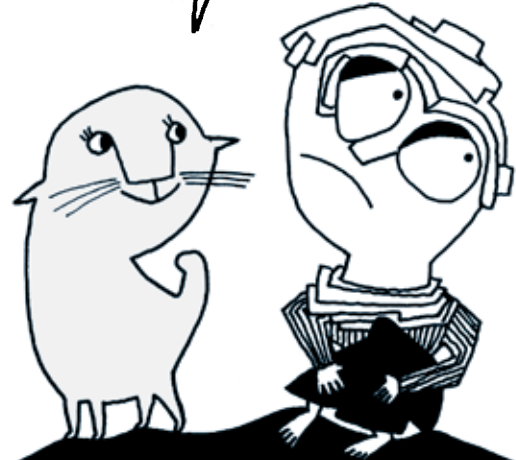
# BUP

BARNE-OG UNGDOMSPSYKIATRISK POLIKLINIKK  
Isbitaalka xanuunnada maskaxda ee  
carruurta iyo dhalinyarada



**HAYE -  
ANIGANA?**

HADDAAD AAD  
U NIYADXUN TAHAY  
(LEI DEG) AMA AAD IN  
YAR OO KELIYA NIYADXUN  
TAHAY... WAXAA JIRTA  
MEEL AAD CAAWIMO KA  
HELESYO, MEESHAASI  
WAA: BUP!



BUP!BUP!  
BUP! MAYA LAGAMA  
YAABO WELIGEY! TEEDA  
KALE ANIGU  
MA NIYADXUMI EE WAAN  
XANAAQSANAHAY!  
AAD BAAN U  
CARAYSNAHAY!



KOLLEYBA  
QOF I DHEGEY  
SANAYA MA JIRO!



WAXA LAY  
QAATAY INAAN  
IS QARIYO INTII  
AAN TEGI  
LAHAA BUP...



... LAAKIINSE .. DAD  
WANAAGSAN AYAA MEESHAAS  
KA SHAQEEYA. WAY KU DHEGEY  
SANAYAAN OO WELIBA WAY KU  
CAAWINAAYAAN SI AY XAALADDAADU U  
FIICNAATO. MARKA HORE ADIGA IYO  
WAALIDKAA... AMA CIDDA AAD LA  
NOOSHAHAY AYAA WARQAD LOO SOO  
DIRAYAA. HALKAA OO UU KU  
QORAN YAHAY WAKHTIGA UGU  
HORREEYA EE AAD  
IMANEYSAAN!



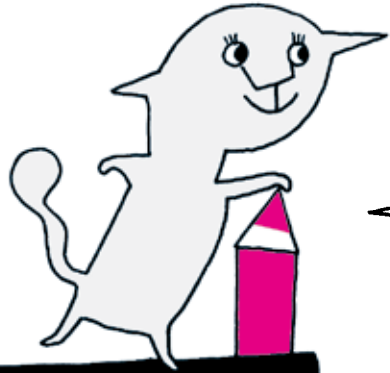


HM.. MEESHU  
MA AHA MEEL  
SAAS U XUN, MIDDA  
KALE KELIGEY TEGI  
MAAYO...



AHLAN!  
ANIGU WAXAAN  
TEGEY BUP! AAD  
BEYNA UGA FIICAN  
TAHAY SIDII AAN U  
HAYSTEY!





WAXAAD  
U SHEEGI KARTAA  
SIDA XAALADDAADU  
TAHAY. AMA WAXAAD U  
TUSI KARTAA HAB KALE SIDA  
CIYAARID, WAX SAWIRID AMA  
KA SHAQAYN CASHARRO. BUP  
WAXAY DADKA WAAWEYN  
KALA HADLI DOONAAN SIDII  
AY XAALADDAADU U  
FIICNAAN LAHAYD.





DHOWR  
JEER AYAAN  
TEGEY BUP. WAY YARA  
ADKAYD... LAAKIIN  
HADDANA WAY FIICNAYD...  
SIDI HORENA AAD BAAN  
UGA FIICNAHAY!



UTVIKLET AV BUP  
NORDLANDSSYKEHUSET  
BJØRG EVA SKOGØY  
KRISTIN STAVNES



MED STØTTE FRA SOSIAL-  
OG HELSE DIREKTORATET



DESIGN OG ILLUSTRASJON :  
IBEN SANDEMOSE

[www.bupbarn.no](http://www.bupbarn.no)

